

Call for Participants: Perinatal Mental Health Care for Migrant Women

Participate in discussions on the mental and emotional health of migrant women during pregnancy and in the year after birth in an **Online World Café.**

CONTACT DR KATHLEEN MARKEY (Kathleen.markey@ul.ie) IF YOU HAVE ANY QUESTIONS OR FOR FURTHER INFORMATION.

How can we support migrant women experiencing perinatal mental health issues?

Migrant women are a particular vulnerable group that face greater mental health needs during the perinatal period during and after pregnancy. We need to work together to understand and plan perinatal mental health supports better.

What is involved?

We invite you to share your experiences, perspectives and opinions on perinatal mental health care for migrant women during an online world café event. World cafés are informal opportunities that encourage conversations, sharing of ideas and networking opportunities. They will last 2 and ½ hours and will support the production of new tools and resources.

Who should participate?

- Individuals from diverse cultural and ethnic backgrounds
- Migrant women and asylum seekers
- Anybody with an interest in the area of perinatal mental health for migrant women
- Community organisations, networks, associations or advocacy groups that support/work with or represent women, migrant communities or perinatal mental healthcare

Online World Café Event

- **Length:** 2.5 hours
- **Online Platform:** Zoom
- **When:** 2.00 - 4.30pm on 13th August 2021 or 3rd September 2021 or 15th September 2021

Are you eligible?

- You must be over 18

Why should I participate?

- You will be contributing to the current body of knowledge of this topic area and generating understating of supports required
- You will have opportunities to network and learn more about various community organisations / networks / associations / advocacy groups active on these issues
- You will be contributing to the production of tools and resources for onward-use
- For links to further information and consent form please access this code using your smartphone camera:



Department of Nursing and Midwifery, University of Limerick in partnership with 80:20 Educating and Acting for a Better World

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